



NEWSLETTER

VOLUME 1
MARCH 2026



Success Story

Larissa

She has completed phase 3 of Partners in Change. Health and wellness were her goals. During the time of the phase, she worked on her physical wellness and her mindset. She lost 20lbs in 60 days she also learned the importance of focusing on working on bettering herself as she continues to navigate change.

She says life is what you make it; you get out what you put in!

SPECIAL EVENTS

Great Give Day

May

The Community Foundation of Greater Dubuque is excited to present Great Give Day, our annual online giving event, to connect non-profits and donors across our seven-county region. Great Give Day inspires community members to come together for 24 hours to celebrate and support local non-profits. Great Give Day is on May 20th, 2026. Make a lasting impact in one day!

Transforming the Future

September

Transforming the Future is our largest fundraiser of the year. It features a live and silent auction, heavy hors d'oeuvres, and drinks! Enjoy a night of amazing speakers. Transforming the Future will be held on Thursday, September 24th, 2026.

2026 FOY News

Where has the first quarter of the year gone? It's hard to believe how much has already happened in such a short time.

This year marks a very special milestone for us as we celebrate 10 years of impact at the Fountain of Youth Program. Over the past decade, we have had the privilege of walking alongside individuals and families as they rebuild their lives, and we are incredibly grateful for the continued support that makes this work possible.

So far this year, we have proudly launched our holistic, nonclinical Recovery Community Center, creating a safe and welcoming space for connection, support, and healing. This has already become a place where individuals can come together, grow, and strengthen their recovery journey.

We have also continued to expand our programming, adding more opportunities for peer support, growth, and community connection. As we move further into the year, we are excited to build on this momentum and continue making a meaningful impact in the lives of those we serve.

Thank you for being part of this journey with us.

Partners in Change *Make a Difference. Donate Today!*

You can set up recurring monthly donations on our website, donate to us by check, credit card, or Venmo us your donation. Thank you for being a change maker by supporting The Fountain of Youth Program and helping us change the mindsets that contribute to generational poverty!



Scan the QR code to set up your recurring donation.



PLATINUM
\$500/month

Supports 1 participant through 3 phases (6 months) of Partners in Change programming & peer support groups

- 1 free table (10 seats) at our annual gala in September
- Mention in our annual report

GOLD
\$250/month

Supports 1 participant through 1 month of Partners in Change programming & peer support groups

- 4 free tickets to our annual gala in September
- Mention in our annual report

SILVER
\$100/month

Supports 1 participant through 1 month of one-on-one Partners in Change meetings & 1 week of our RealTalk support group programming

- 2 free tickets to annual gala in September
- Mention in our annual report

BRONZE
\$50/month

Supports 1 participant through 2 weeks of one-on-one Partners in Change meetings

- Mention in our annual report

COPPER
\$25/month

Supports 1 participant through 1 Partners in Change one-on-one meeting

- Mention in our annual report

Our Mission

The Fountain of Youth Program meets participants where they are, revitalizing their mindsets, empowering and motivating them to reach their highest potential, and restoring opportunities that transform their futures, while addressing and confronting the barriers that contribute to systemic poverty..



“Together we are really igniting something powerful in the community”